



Examining the relationship between beliefs about mental health and service use in a sample of Australian asylum seekers and refugees

We would like to invite you to participate in a research study examining the beliefs about mental health held by asylum seekers and refugees. This will be an opportunity for you to contribute to existing knowledge about how services can best provide mental health support to asylum seekers and refugees living in Australia.

You may be eligible to participate in this study if you:

- Are aged 18 years or over
- Have gained residency in Australia as either an Asylum Seeker on a Bridging Visa or as Refugee on a Humanitarian Visa (including 866, TPV, SHEV or family sponsorship)

What will participation involve?

➔ You will be asked to complete a short questionnaire, in which you will be asked to provide some background information about yourself (e.g. gender, age, years of residency in Australia). Also, you will answer some basic questions about your mental health and your beliefs about mental health.

Please note, the questionnaire does not require you to provide any personal or identifying information, and participation in this study is strictly anonymous. It is anticipated that completion of this questionnaire would take no longer than 20 minutes.

To participate in this study, please access the questionnaire online at: https://swinuw.au1.qualtrics.com/jfe/form/SV_6VErt9EysDkC4Lz . The questionnaires are available to be completed in English.

For more information on this study, please contact:

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